

## 2024 Review

### ON TOP OF THE WORLD

Attacker **Sam Apuzzo** dethroned two-time Athletes Unlimited Pro Lacrosse champion **Taylor Moreno** to secure the league's 2024 title after compiling 1,852 leaderboard points ... The Boston College product, who was the league's runner-up in 2022 and 2023, finished 9-of-12 game days atop the standings on her way to titleist honors.

- Apuzzo became the first player in any Athletes Unlimited sport to earn medalist honors four times in her career ... In addition to her 2024 championship and pair of runner-up finishes, she closed the inaugural 2021 AU Pro Lacrosse season in the No. 3 spot.

### SECRETARY OF DEFENSE

Rookie defender **Emily Nalls** was tabbed as the 2024 AU Pro Lacrosse Defensive Player of the Year following a vote of the league's players and facilitators ... The first-year professional compiled 18 ground balls and 10 caused turnovers while earning the starting assignment in 9-of-12 games.

### YOU'RE BEING SO DEFENSIVE

The 2024 Athletes Unlimited Pro Lacrosse All-Defensive Team featured four first-time picks, including defenders **Katie Detwiler**, **Meg Douty**, **Emily Nalls** and **Sydney Scales** ... Nalls and Scales also become the fifth and sixth newcomers in league history to earn a spot on the All-Defensive Team since the award started in 2022.

### OH CAPTAIN, MY CAPTAIN

Attacker **Sam Apuzzo** served as a team captain in all four weeks during the 2024 Athletes Unlimited Pro Lacrosse season, running her streak as a team leader to 12 consecutive stints ... Apuzzo's 12 straight weeks leading a team are the most by a captain in any Athletes Unlimited sport, surpassing the 11-week streak by guard **Odyssey Sims** (basketball).

- Apuzzo nearly saw her streak snapped in Week One after closing the first day of the season in 30th place, but she jumped 24 spots on the final day of the week to remain in the captain's seat as the Purple team leader.
- The former Boston College star fashioned a 27-9 career record as a team captain, including a league-best 10-2 record during the 2022 season ... She won eight or more games as a captain in each of the last three years.

### FREE LACROSSE!

The 2024 AU Pro Lacrosse season featured four overtime games, which were the most in a single season in the league's four-year history ... Team Kennedy edged Team Apuzzo, 10-9, on August 5, before Team Apuzzo exacted revenge with a 13-12 overtime verdict just three days later.

- Both contests on August 10 required overtime as Team North downed Team Kennedy by a 12-11 count before Team Apuzzo edged Team Moreno, 9-8 ... It marked the first time in league history where both games on a single day needed extra time.
- Attacker **Sam Apuzzo** served as a team captain in five of the league's 10 all-time overtime contests, piloting her teams to a 4-1 record in those outings ... She also registered the game-deciding goal in three of those games.
- Team North's 12-11 victory over Team Kennedy on August 10 also included the third shootout in AU Pro Lacrosse history ... Team Apuzzo beat Team Moreno, 11-10, in the league's first-ever shootout on July 30, 2022, before securing a 7-6 victory against Team Bosco on August 5, 2023.

## THE NORTH STAR

Attacker **Charlotte North** reset the Athletes Unlimited Pro Lacrosse single-season record by erupting for 50 goals over 12 games ... North surpassed attacker **Sam Apuzzo**'s previous standard of 36 goals, which were scored over 15 games during the inaugural 2021 campaign ... North stands as the only player in league history who registered at least 30 goals in three different seasons.

- The two-time Tewaaron Award recipient and former NCAA all-time goal scoring leader produced 10 or more goals during each of the four weekly segments, including a league-record 16 markers in Week Three.

## POINT TAKEN

Attacker **Charlotte North** also broke the AU Pro Lacrosse single-season record after compiling 59 points in 12 games ... In addition to her 50 goals, the third-year AU veteran paced the circuit with five two-point goals while adding four assists.

- North is the only player in the league's four-year history to register 50 or more points in a season ... She also opened her AU Pro Lacrosse career with 50 points in 2022.

## CENTURY MARK

Attackers **Sam Apuzzo** and **Charlotte North** each crossed the 100-career goal mark during the 2024 AU Pro Lacrosse season ... Apuzzo became the first player in the league's history to surpass the milestone with a two-goal effort during a 12-9 victory against Team Read on July 27 ... North, meanwhile, joined the 100-goal club with an eight-goal outburst against Team Moreno on August 3, 2024.

- North's eight goals against Team Moreno broke her own single-game scoring record.

## IN CONTROL

Attacker **Livy Rosenzweig** shattered the AU Pro Lacrosse single-season record by collecting 108 draw controls over 12 games ... She tallied 10 or more draw controls in 7-of-12 contests, including a single-game record 14 draw controls against Team North on August 10.

- Rosenzweig, who played just 21 games over two seasons, ranks second in league history with 154 draw controls ... Midfielder **Marie McCool** holds the all-time mark with 175 draw controls over four seasons.
- The previous single-season draw controls record was established during the inaugural 2021 season when midfielder **Taylor Cummings** claimed 79 draw controls.
- Rosenzweig was just the third player to record at least 50 draw controls in a full season - a mark she reached in less than seven games.

## CAUSE FOR APPLAUSE

Rookie defender **Meghan Ball** made an instant impact on the AU Pro Lacrosse record books after setting a new league single-season record with 25 caused turnovers ... The Maryland product edged out the previous mark of 23 caused turnovers established by defender **Caroline Wakefield** in 2022 ... Ball recorded at least one caused turnover in 11-of-12 contests, including season-high five caused turnovers against Team Moreno on August 8.

- A player tallied 20 or more caused turnovers in a season six times in the league's four-year history ... Defender **Lizzie Colson** stands as the only player in league history to reach the mark twice, doing so in 2022 and 2023.

### ONE OF ONE

Rookie attacker **Izzy Scane** became the first player in Athletes Unlimited Pro Lacrosse history to be the first overall pick in a weekly draft three times during a single season ... The former Northwestern star was the top choice in the Week One, Week Two and Week Four drafts.

### CENTURY MARK

The second game of the August 10, 2024, doubleheader between Team Apuzzo and Team Moreno marked the 100th contest in AU Pro Lacrosse history ... The league started with a 30-game schedule in 2021 before moving to 24-game slates in each of the last three seasons.

- Fourteen players played in all 51 possible contests in the league's four-year history ... Attacker **Sam Apuzzo** stands as the only player to start all 51 games, while eight other players started 50 games in their careers.

## 2023 Review

### TWICE AS NICE

Goalkeeper **Taylor Moreno** secured the 2023 Athletes Unlimited Pro Lacrosse championship to become the first player in any Athletes Unlimited sport to win multiple titles. Moreno edged attacker **Sam Apuzzo** by just 12 points on the final leaderboard for the closest finish to a season in any Athletes Unlimited season.

### TOO CLOSE FOR COMFORT

Goalkeeper **Taylor Moreno** edged attacker **Sam Apuzzo** by just 12 leaderboard points in the final league standings, marking the second-closest finish in any Athletes Unlimited season. It also marked the third time in Athletes Unlimited history where the top two players on a final leaderboard were separated by 20 points or less.

### FIRST TIME FOR EVERYTHING

Rookie **Abby Bosco** became the first defender in Athletes Unlimited Pro Lacrosse history to earn medalist honors after ending the season in fourth place with 1,301 points. Bosco, who also garnered Defensive Player of the Year recognition, ranked fourth in the league standings with 336 stat points, while her 875 win points were good for fifth among the league's 57 players.

### AWARDS SEASON

Defenders **Abby Bosco**, **Lizzie Colson**, **Courtney Taylor** and **Caroline Wakefield** earned Athletes Unlimited Pro Lacrosse All-Defensive Team status in a vote of the league's players. Colson was named to the squad for the second straight year, becoming the first player in the league's history to receive multiple All-Defensive Team nods.

### AW, SHOOT

The August 5 game between Team Apuzzo and Team Bosco featured the second shootout in Athletes Unlimited Pro Lacrosse history with Team Apuzzo prevailing with a 7-6 victory after blanking Team Bosco by a 2-0 count in the shootout with goals by attackers **Sam Apuzzo** and **Nicole Levy**. It also marked the sixth game to require overtime in league history.

### POINT TAKEN

Goalkeeper **Taylor Moreno** also surpassed her own Athletes Unlimited Pro Lacrosse single-game record after notching 257 points in the season opener against Team Read on July 20. The former North Carolina backstop secured 13 saves and allowed just four goals in her team's 8-4 victory. In addition, the game's MVP 1 selection had three caused turnovers and two ground balls.

### ON SECOND THOUGHT

Goalkeeper **Taylor Moreno** posted 605 leaderboard points during Week Two, marking the highest leaderboard point total in a single week in Athletes Unlimited Pro Lacrosse history. She collected 211 points in the Week Two opener against Team Colson before erupting for 245 points against Team Read on July 29. Moreno, who notched 40 saves in the three games, closed the week with 149 points in a loss against Team Apuzzo.

### KEEPING IT 100

Attackers **Sam Apuzzo** and **Kenzie Kent** became the first two players in Athletes Unlimited Pro Lacrosse history to record 100 or more career points (goals + two-point goals + assists) during the 2023 campaign. Apuzzo was the first player to reach the mark with her four-point output in the Week One finale against Team Moreno, while Kent joined the exclusive list with an assist on August 12.

### YOU'RE GROUNDED

Defender **Caroline Wakefield** established a new Athletes Unlimited Pro Lacrosse single-game record when she collected nine ground balls against Team Apuzzo on August 6, 2023, in a 9-6 victory for Team Moreno. Wakefield, who holds the league's career record with 87 ground balls over three seasons, surpassed the previous standard of six ground balls that occurred six times in league history.

### I'LL TAKE THAT, THANK YOU

Defender **Caroline Wakefield** notched two caused turnovers on the final day of the 2023 Athletes Unlimited season to become the first player in the league's history with at least 50 caused turnovers.

### SHOWSTOPPER

Goalkeeper **Britt Read** became the first player in Athletes Unlimited Pro Lacrosse history to accumulate 300 or more career saves after ranking second in the league with 108 saves during the 2023 campaign.

## 2022 Review

### TAYLOR MADE

Goalkeeper **Taylor Moreno** became Athletes Unlimited Lacrosse's second champion after passing attacker **Sam Apuzzo** on the leaderboard in the final game of the season. Moreno, a rookie from University of North Carolina, secured the title after compiling 1,798 points in 12 games.

### TWO FOR THE SHOW

Defender **Becca Block** claimed her second consecutive Athletes Unlimited Lacrosse Defensive Player of the Year honor after a vote by the league's players, facilitators and Unlimited Club members.

### QUARTET NAMED TO INAUGURAL ALL-DEFENSIVE TEAM

Goalkeeper **Taylor Moreno** joined defenders **Becca Block**, **Emma Trenchard** and **Lizzie Colson** on the inaugural Athletes Unlimited Lacrosse All-Defensive Team as voted on by the league's players and facilitators.

### CLOSE CONTACTS

Goalkeeper **Taylor Moreno** held off attacker **Sam Apuzzo** for the 2022 Athletes Unlimited Lacrosse title by just 16 points, signaling the second-smallest final margin in an Athletes Unlimited season. During the 2022 AUX Softball season, pitcher **Danielle O'Toole** held a 14-point advantage over pitcher **Rachel Garcia** following the 18-game season.

### CAPTAIN'S LOG

Attacker **Sam Apuzzo** joined volleyball standout **Bethania De La Cruz-Mejia** as the only players in Athletes Unlimited history to serve as a captain during every week of a season. Apuzzo, who secured a 10-2 record in her four weeks as a captain, stands as the career leader in Athletes Unlimited Lacrosse for wins as a captain (10). In addition, she is tied for the league record with 12 games as a captain and her .833 captain win percentage.

### ONE FOR THE RECORD BOOKS

**Team Glynn** and **Team Johansen** closed out their 2022 seasons in record-setting fashion when the teams tangled on the final day of the campaign. Team Johansen collected a 16-13 victory over Team Glynn in a game which featured several league single-game records, including:

- The 29 combined points scored by the two teams eclipsed the previous mark of 26 points set by Team Arsenault and Team Read on August 7, 2021.
- Team Johansen's 16 points matched the team single-game scoring mark, which was set by Team Arsenault against Team Read on August 7, 2021, and equaled by Team Cummings on August 15, 2021, against team Arsenault.
- The teams combined for six two-point goals in the contest, shattering the previous mark of three two-pointers between Team Cummings and Team Arsenault on August 15, 2021.
- Attacker **Charlotte North** set the league single-game standards for total goals (6), two-point goals (3) and points (10) in the contest.
- Midfielder **Ally Kennedy** equaled the Athletes Unlimited single-game record with 10 draw controls, joining midfielder **Taylor Cummings** as the only two players in league history with 10 draw controls in a game. Cummings achieved the feat three times during the inaugural 2021 campaign.

### FIRST TIME FOR EVERYTHING

The July 30 game between Team Apuzzo and Team Moreno featured the first shootout in Athletes Unlimited Lacrosse history. Team Apuzzo secured the 11-10 victory following a 3-2 verdict in the shootout. The shootout capped an impressive comeback for Team Apuzzo, which trailed by a 6-1 margin before netting nine goals after the intermission.

### EXTRA CREDIT

Three games during the 2022 Athletes Unlimited Lacrosse season required overtime, including the shootout affair between Team Apuzzo and Team Moreno on July 30. The first overtime game of the season was a 10-9 victory by Team Read over Team Glynn on July 24, while Team Colson edged Team Moreno, 13-12, on August 6. Over two seasons, a total of five overtime games have been played.

### TROPHY CASE

In addition to winning the 2022 Athletes Unlimited Lacrosse championship, goalkeeper **Taylor Moreno** helped the University of North Carolina win the 2022 NCAA Division I women's lacrosse crown with a perfect 22-0 record. Moreno started all 22 contests for the Tar Heels and authored an 8.56 goals against average with a .491 save percentage.

### BRICK WALL

Goalkeeper **Taylor Moreno** established the Athletes Unlimited Lacrosse single-season record by notching 132 saves over 12 games. Moreno, who also set a league standard with a .562 save percentage, tallied 10 or more saves in 10 of her 12 outings, including a pair of 14-save efforts against Team Apuzzo on July 30 and Team Colson on August 5.

### DIALING LONG DISTANCE

Rookie attacker **Charlotte North** also established a new Athletes Unlimited Lacrosse single-season record with eight two-point goals, including a league-record three two-pointers on August 14 against Team Johansen. North also scored a pair of two-pointers in her professional debut against Team Waters on July 21. North's eight two-point goals stand second on the Athletes Unlimited Lacrosse career list.

### BICENTENNIAL

Goalkeeper **Britt Read** became the first player in Athletes Unlimited Lacrosse history to reach 200 career saves after finishing in a tie for second with 102 saves during the 2022 campaign. Read, who led the circuit with 100 saves during the inaugural season, posted 10 or more saves four times, including a 13-save effort in Week One.

### CAUSE AND EFFECT

Defender **Caroline Wakefield** set the Athletes Unlimited single-game and single-season caused turnover records during the 2022 campaign. Wakefield, a former standout at North Carolina, tallied 23 caused turnovers in 12 games, including a league-best six caused turnovers against Team Glynn on August 13.

## 2021 Review

### TAYLOR MADE

Midfielder **Taylor Cummings** claimed the first Athletes Unlimited Lacrosse title after ending the season with a league-best 1,943 points while ranking second in the circuit with 548 stat points. The former University of Maryland standout also paced the league with 79 draw controls and was fourth in the circuit with 27 goals.

### BLOCK NAMED DEFENSIVE PLAYER OF THE YEAR

Defender **Becca Block** secured the inaugural Defensive Player of the Year award in a vote of the league's players and Unlimited Club members. The first defender taken in each of the five weekly drafts, Block ranked third among the league's defenders and 11th overall with 1,314 points.

### LEADER OF THE PACK

Midfielder **Taylor Cummings** became the fourth player to hold the top spot on the Athletes Unlimited Lacrosse individual leaderboard when she tallied 221 points in an Aug. 15 win over Team Arsenault. Cummings, who finished the season as the individual champion, joined defender **Kayla Wood**, midfielder **Dempsey Arsenault** and goalkeeper **Kady Glynn** as the only players to be at the top of the leaderboard.

### SPEED DEMONS

Attacker **Sam Apuzzo** scored the fastest goal to open a game when she struck just six seconds into the August 20 game between Team Cummings and Team Ohlmiller. Apuzzo's marker was the fifth goal scored within the opening 15 seconds of a game during the season and eclipsed the previous mark of eight seconds, which had been accomplished twice.

### CAPTAIN'S LOG

The inaugural Athletes Unlimited Pro Lacrosse season featured a total of 12 captains over the five weeks. Midfielder **Dempsey Arsenault**, defender **Kayla Wood** and attacker **Kylie Ohlmiller** were the only players to serve as a captain three times this season while midfielder **Taylor Cummings** and goalkeeper **Kady Glynn** were two-time captains.

### CUTTING IT CLOSE

Of the 30 games played during the 2021 Athletes Unlimited Pro Lacrosse season, 17 of them were decided by two points or less. In addition, there were 11 contests that featured a one-point margin.

### DEATH, TAXES AND AN APUZZO HAT TRICK

Attacker **Sam Apuzzo**, who led all Athletes Unlimited Pro Lacrosse players with eight hat tricks, closed out the season with six consecutive hat tricks. Apuzzo also netted both of her two-point goals during the six-game streak, scoring from outside the key against Team Ohlmiller on Aug. 20 and Team Waters on Aug. 22.

### POINT TAKEN

Attacker **Kylie Ohlmiller** finished the 2021 season as the Athletes Unlimited leader with 48 points in 15 games, including 15 goals in her final five outings. Ohlmiller, who holds the NCAA Division I record with 498 career points, ranked second in Athletes Unlimited with 31 goals and 17 assists.



### HELPING HANDS

Attacker **Kenzie Kent** paced Athletes Unlimited Pro Lacrosse with 23 assists in 15 games, including a pair of four-assist efforts against Team Treanor on July 30 and Team Wood on Aug. 6. Led by Kent, there were 226 assists awarded during the season.

### READ ALL ABOUT IT

Goalkeeper **Britt Read** set an Athletes Unlimited Lacrosse season high with 16 saves in the August 14 game between Team Arsenault and Team Glynn. The former Oregon standout tallied 10 of her saves in the opening half and paced all goalkeepers with three games of 10 or more saves. Read finished the season as the league leader with 100 saves in 15 games.

### HIGH FIVE

Led by two five-goal efforts from attacker **Kylie Ohlmiller**, there were five instances where a player tallied five goals in a contest during the 2021 Athletes Unlimited Pro Lacrosse season. Attacker **Alex Aust** was the first player to reach the five-goal mark on July 30 before Ohlmiller followed the same night with her first five-goal effort.

### SEVEN-UP

Attacker **Nicole Levy** finished the season as the Athletes Unlimited Pro Lacrosse leader with seven two-point goals after breaking a tie with attacker **Shayna Pirreca** during the final day of the season. Levy notched her seventh two-pointer against Team Cummings in the final game of the season.