

# ATHLETES UNLIMITED

# AMPLIFY US!

## Resource Guide

Amplify Us! aims to amplify voices that have been marginalized within the sport of lacrosse, with a specific emphasis on indigenous and LGBTQ voices, and prompt broad understanding of the indigenous roots of the game. As such, this guide serves as a way to connect you to resources where you can learn more & take action.

### Learn More: LGBTQIA+ Voices

#### Articles & Research Briefs

- [Bills to Ban Transgender Kids from Sports Try to Solve a Problem that doesn't Exist](#) // Megan Rapinoe, Washington Post, 2021
- [LGBTQ and Gender-Affirming Spaces](#) // Trevor Project, 2020
- [Understanding Gender Identity](#) // Trevor Project
- [Guide to Being an Ally to Transgender and Non Binary Youth](#) // Trevor Project

#### Book Suggestions for Youth

- [Pride: The Story of Harvey Milk and the Rainbow Flag](#) by Rob Sanders, illustrated by Steven Salerno
- [This Is Our Rainbow: 16 Stories of Her, Him, Them, and Us](#) edited by Katherine Locke and Nicole Melleby
- [When Aidan Became a Brother](#) by Kyle Lukoff, illustrated by Kaylani Juanita
- [Bitter](#) by Akwaeke Emezi

#### Book Suggestions for Adults

- [The Stonewall Reader](#) by New York Public Library
- [All In: An Autobiography](#) by Billie Jean King
- [Tomorrow Will Be Different: Love, Loss, and the Fight For Trans Equality](#) by Sarah McBride
- [Let the Record Show: A Political History of ACT UP New York, 1987 - 1993](#) by Sarah Schulman

#### Documentaries, Movies, and TV Shows

- Netflix - [Celebrate Pride Month Collection](#)
- Hulu - [Pride Never Stops Hub](#)
- Max - [LGBTQ Voices Collection](#)
- Disney+ - [Pride Collection](#)

#### Donate

Looking for organizations to support? Check out [this list](#) by Cosmopolitan of 25 non-profit organizations that are advocating for LGBTQIA+ rights all day, everyday.

#### Visit

Visit The GLBT Historical Society Museum, the first stand-alone museum of gay, lesbian, bisexual, and transgender history and culture in the United States. Visit in-person in San Francisco and browse their online exhibitions [here](#).



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### Learn More: Indigenous Voices

#### Articles & Research Briefs

- [Origins & History](#) // World Lacrosse
- [The Native American Origins of Lacrosse](#) // History Channel
- [With a New Name, this Indigenous Team is Honoring the Sacred Origin of Lacrosse](#) // WXXI News
- [Our History](#) // Haudenosaunee Nationals
- [Ron Patterson: The Stick Maker's Perspective](#) // USA Lacrosse
- [From Protests, To the Ballot Box, And Beyond: Building Indigenous Power](#) // Illuminative
- [Haudenosaunee Guide for Educators](#) // National Museum of the American Indian

#### Book Suggestions for Youth

- [The Birchbark House](#) by Louise Erdrich
- [Moccasin Thunder: American Indian Stories for Today](#) by A Collection of Native Writers, Edited by Lori Marie Carlson
- [Moonshot: The Indigenous Comics Collection](#) by A Collection by Native Authors, Edited by Hope Nicholson
- [We Are Water Protectors](#) by Carole Lindstrom, Illustrated by Michaela Goade

#### Book Suggestions for Adults

- [The Creator's Game: Lacrosse, Identity, and Indigenous Nationhood](#) by Allan Downey
- ["All the Real Indians Died Off" and 20 Other Myths About Native Americans](#) by Roxanne Dunbar-Ortiz and Dina Gilio-Whitaker
- [Notable Native People](#) by Adrienne Keene
- [Little Big Bully](#) by Heid E. Ehrich

#### Documentaries, Movies, and TV Shows

- [Keepers of the Game](#) directed by Judd Ehrlich
- [Lacrosse: More than A Game](#)
- [Indigenizing Pride / Indigenizando el Orgullo LGBTQ+](#) // National Museum of the American Indian

#### Donate

Consider donating to one or more of [these Indigenous-led organizations](#) that are working to uphold and advocate for Native culture and traditions.

#### Visit

Visit the [National Museum of the American Indian](#) both in person in Washington D.C. and online to learn more about Native history and culture.

Located in Sparks? Visit the [National Lacrosse Hall of Fame Museum](#), which honors the history and legends in the sport, located at USA Lacrosse national headquarters.